**The Good from the Bad – Prayer & peace of mind**

Phil. 4:6-7

**Review of the principles of the good from the bad**

1. We know that God brings good from the bad – Rom 8:28
2. Believer’s can live with the mind set on the Spirit – Rom 8:6
3. Believer’s must wait on the Lord – Ps 27:14
4. Believer’s must rest in the Lord – Ps. 116: 7
5. Believer’s can gain new strength – Isa. 40:31
6. Believer’s need endurance – Heb. 10:36
7. Believer’s must remember that Jesus Christ is risen – 2Tim. 2: 8
8. Believer’s can live in contentment in all life circumstances – Phil 4:11
9. Believer’s can live in confident hope in all life circumstances – Rom. 5: 3-5
10. Believer’s faith is tested by trials to show that it is genuine – 1 Pet. 1: 7
11. Believer’s must live by faith to please God – Heb 11:6
12. Believer’s justifying faith protects them in overcoming the devil
13. Believer’s who live by faith are faithful to God in times of trial

**Focal Truth: Believer’s prayers to God bring God’s peace to the mind**

* Have you been praying during these times of national & personal crisis?
* What have you been asking from God?
* Have you been asking for your will be done or God’s will to be done?

***Paul reminds us that prayer is the natural response of God’s people***

**Observations**

1. **Don’t worry about anything**

*Be anxious for nothing…*

1. Don’t fill your mind with anxiousness – be anxious for nothing
2. People are anxious about their essentials needs – food, clothing, housing
3. People are anxious about their jobs
4. People are anxious about their children & grandchildren
5. People are anxious about the conditions of the world

 Matt. 6:25 – do not be worried about your life, as to what you will eat or what you will drink; not for your body, as to what you will put on. Is not life more than food, and the body more than clothing?

 Matt. 6:32 – your heavenly Father knows that you need all these things

 ***God knows what you need today! In this crisis, pandemic, trouble & pain***

1. **Pray about everything**

 *in everything by prayer & supplication with thanksgiving let your requests be made known to God*

1. Pray about everything – *in everything*

 1. Pray about every need in your life

 2. Pray about every burden in your life

 3. Pray about every decision in your life

 4. Pray about every plan in your life

b. Pray with needful persistence – *by supplication*

 The word supplication – needful persistence – man asking for bread from friend at

 night till he gave him bread, the widow begging the judge till he finally grated her

 request

c. Pray with thanksgiving – *with thanksgiving*

 Thank God as you pray for His past help and care for your life

1. **Experience from prayer peace of mind by the peace of God**

 *And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus*

1. The peace of God surpasses all comprehension
2. The peace of God guards – umpires our minds
3. The peace of God unites us with Christ

**Things to Remember**

1. Worriers pray selfishly not for God’s will to be done
2. Worry is unbelief in God’s ability to provide for your needs
3. Anxiousness is disobedience to the Lord’s command – Do not worry
4. Prayer is speaking to our heavenly Father about what He knows we need
5. Prayer produces peacefulness of mind from the God of peace

**Daily Use**

1. Pray in faith – trusting God; not knowing how or not knowing when He will provide
2. Pray with all your heart – full hearted prayer is heard by God
3. Pray with a pure heart – sin stops prayer & deafens God’s ear
4. Pray with humility – prayer is the request of the poor in spirit

Phil. 4: 6-7 – Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus