The Good from the Bad – Praising God in all times

Ps. 34: 1-3

**Focal Truth: Believer’s praise God at all times**

What is the source of your praise today?

Who are you boasting about?

How is your spiritual worship in these days of trouble?

***Today we focus on the truth that God’s people praise God naturally, enduringly, and spiritually***

***Singing and speaking praise to God is spiritual incense raised to our God!***

**Observations**

1. **Believer’s naturally praise God**

 *I will bless the Lord…*

**It is natural for the believer in Christ to praise God – born again to praise God!**

1. David’s natural determination as a man after God’s own heart to praise God – David is running from Saul who is seeking to kill him. He relatives have come to be with him in a cave. He has few resources and yet he was determined to bless the Lord!

 Ps. 71:7 I will give thanks to God

 Ps. 22:22 I will tell of your name

 Ps 69:30 I will praise the name of God with song

 Ps 86:12 I will glorify your name

 **Praise is as natural as breathing for the believer in Jesus Christ!**

1. Bless = means to kneel – blessing God is adoring God!

 We adore God in His greatness, power, compassion, patience, forgiveness & judgment

1. **Believer’s enduringly praise God**

 *I will bless the Lord at all times…*

1. Ps 63:4 – I will bless the Lord as long as I live
2. Ps 145:1 - I will bless your name forever and ever
3. Ps 145:2 - Everyday I will bless you, & praise your name forever

 4. God’s people praise Him in times of trouble as well as in times of blessing.

 The believer’s when they heard of the treatment of Peter and John by the authorities praised God and prayed. “ And when they heart this, they lifted their voices to God with one accord and said, O Lord it is you who made the heaven and the earth and the sea, and all that is in them, who by the Holy Spirit, through the mouth of our father David your servant said, why did the Gentiles rage, and the peoples devise futile things?” Acts 4:24 -25

1. **Believer’s spiritually praise God**

 *His praise will continually be in my mouth, my soul shall boast in the Lord*

1. Praising God is physical – His praise will continually be in my mouth

 Rom 12: 1 – present your bodies a living and holy sacrifice to God a living which is your spiritual service of worship

 Ps 51:15 – O Lord open my lips, that my mouth may declare your praise

 Ps. 71:15 – My mouth is filled with your praise

 **What is your mouth filled with today, complaints, gossip, fault – finding or a mouth filled with praise to God?**

1. Praising God is spiritual – my soul shall boast in the Lord

 John 4:24 – God is Spirit and those who worship Him must worship in spirit and truth

 Eph 5:19 – speaking to yourselves in psalms & hymns & spiritual songs, singing and making melody in your heart to the Lord

**Things to Remember**

1. Praising God blesses others – the humble shall hear it and be glad
2. Praising God is contagious – O magnify the Lord with me
3. Praising God is making melody in your heart to the Lord – Eph 5
4. Make melody in our heart with understanding – 1 Cor. 14:15
5. Make melody with all our affections – “it is not crying but loving that rings in the ears of God” Isa. 5:1
6. Make melody with a thankful heart – Col. 3:15
7. Make melody with joyfulness –
8. Make melody in the Spirit – spiritual songs – Eph 5: filled with the Spirit leads to spiritual songs
9. Praising God can sweeten a prison – Paul in jail
10. Praising God can help us endure sufferings – The Lord Jesus Sang in the upper room then we to the cross
11. Praising God strengthens the heart & mind

**Daily Use**

1. Adore God as you begin and end each day – Our Father in heaven, holy is your name
2. Sing praise to God with your mouth and with your heart – “There’s within my heart a melody Jesus whispers sweet & low. Fear not I am with you, peace be still in all of life’s ebbs and flows. Jesus, Jesus, Jesus sweetest name I know fills my every longing keeps me singing as I go”
3. Boast of God in your mind – brag on His ways, works, & nature.
4. Be a God promoter! Magnify is a word to multiply = spread God’s fame with your mouth. Tell of wonderful greatness & salvation in Christ!