**RENEWING STRENGTH**

***28****Do you not know? Have you not heard?  
The Everlasting God, the Lord, the Creator of the ends of the earth  
Does not become weary or tired.  
His understanding is inscrutable.****29****He gives strength to the weary,  
And to him who lacks might He increases power.****30****Though youths grow weary and tired,  
And vigorous young men stumble badly,****31****Yet those who wait for the Lord  
Will gain new strength;  
They will mount up with wings like eagles,  
They will run and not get tired,  
They will walk and not become weary.* Isa. 40:28-31

**FOCAL TRUTH:** God gives renewing strength to those who wait for Him.

\*\*\*Exchange your burdens and weariness for God’s Blessings\*\*\*

1. God is the source of all power. Isa. 40:28

* How do you think about God? What is your understanding of Him during times of trouble?
* God is eternal everlasting, the Creator, there is never an end to Him. You must focus and come to the Lord.
* This is why we worship and praise Him-He is ALL POWERFUL

(Isa. 40:2 – all sins forgiven)

\*\*\*Seek God and Seek His Strength\*\*\*

1. God’s power is permanent! (eternal) Isa. 40:28, Isa. 41:10

* The Word of God stand forever

1. God gives strength and increases power to the weary. Isa. 40:29

* Don’t allow the world to trap you and make you weary…God gives us strength and increaser.

*For I satisfy the weary ones and refresh everyone who languishes.”* Jeremiah 31:25

*‘Do not fear, for I am with you;  
Do not anxiously look about you, for I am your God.  
I will strengthen you, surely I will help you,  
Surely I will uphold you with My righteous right hand.’* Isa 41:10

**ASSIGNMENT**: Do this for one another – Pray the power of God for your friends and family.

***18****I pray that the eyes of your heart [*[*a*](https://www.biblegateway.com/passage/?search=Ephesians+1%3A18-20&version=NASB#fen-NASB-29225a)*]may be enlightened, so that you will know what is the hope of His calling, what are the riches of the glory of His inheritance in the [*[*b*](https://www.biblegateway.com/passage/?search=Ephesians+1%3A18-20&version=NASB#fen-NASB-29225b)*]saints,****19****and what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might****20****which He brought about in Christ, when He raised Him from the dead and seated Him at His right hand in the heavenly places,* Ephesians 1:18-20

1. Those who wait for the Lord gain new strength. Isa. 40:31

* The renewing strength of God allows us to PASS THROUGH the trouble. The Holy Spirit will help us get through the trouble.
* The renewing strength of God makes us stronger- GAIN STRENGTH
* The renewing strength of God is CONTINUALLY GIVEN to you

\*\*\*Rise above all the uncertainties of the world\*\*\*

\*\*\*Run the race that God has given to us at this time\*\*\*

**DAILY USE: Are you waiting on God?**

1. Waiting on the Lord is EXPECTANTLY TRUSTING HIM
2. Waiting on the Lord is PATIENTLY SUBMITTING TO HIM
3. Waiting on the Lord is JOYFULLY PRAISING HIM
4. Waiting on the Lord is FAITHFULLY PRAYING TO HIM
5. Waiting on the Lord is ENDURINGLY WATCHING FOR HIM